



Clear Fork High/Middle School Menu September, 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Labor Day</p> 	<p>5</p> <p>Breakfast: Cereal & String Cheese</p> <p>Lunch: French Toast Sausage Links Potato Triangles Orange Juice Milk</p>	<p>6</p> <p>Breakfast: Glazed Donut</p> <p>Lunch: Deli Turkey Wrap w Cheese, Ranch & Shredded Lettuce Tater Tots Peaches Milk</p>	<p>7</p> <p>Breakfast: Sausage & Cheese Breakfast Pizza</p> <p>Lunch: Beefy Cheese Nachos w Salsa, Sour Cream, Jalapenos Corn / Black Beans Sorbet Cup Milk</p>	<p>8</p> <p>Breakfast: Apple Muffin</p> <p>Lunch: Pizza Caesar Salad Carrot Sticks w Ranch Apple Milk</p>
<p>11</p> <p>Breakfast: Pop Tarts</p> <p>Lunch: 2 Hot Dogs Seasoned Potato Wedges Applesauce Milk</p>	<p>12</p> <p>Breakfast: Donut Hole & String Cheese</p> <p>Lunch: CF Chicken Bowl (popcorn chicken, mashed potatoes w gravy, corn) Biscuit Pears Milk</p>	<p>13</p> <p>Breakfast: Pancake Wrap</p> <p>Lunch: Pepperoni Calzone Green Beans Peaches Milk</p>	<p>14</p> <p>Breakfast: Cinnamon Roll</p> <p>Lunch: Buffalo Chicken Mac & Cheese (or Traditional Mac & Cheese) Roll w Margarine Steamed Broccoli / Peas Pineapple Milk</p>	<p>15 (Early Release 1:00)</p> <p>Breakfast: Yogurt & Goldfish Grahams</p> <p>Lunch: Chicken & Cheese Quesadilla Lettuce, Salsa, Sour Cream Corn / Black Beans Sorbet Cup Milk</p>
<p>18</p> <p>Breakfast: Apple or Cherry Frudel</p> <p>Lunch: Chicken Patty on Bun (Hot & Spicy or Regular) French Fries Tropical Fruit Mix Milk</p>	<p>19</p> <p>Breakfast: Cocoa Bar & String Cheese</p> <p>Lunch: 2 Beef Soft Tacos w Cheese, Salsa, Sr Cream, & Lettuce Refried Beans / Corn Applesauce Milk</p>	<p>20</p> <p>Breakfast: Mini Pancakes</p> <p>Lunch: Sweet & Sour / General Tso Chicken Broccoli Steamed Rice Mandarin Oranges Fortune Cookie Milk</p>	<p>21</p> <p>Breakfast: Bagel & Cream Cheese</p> <p>Lunch: Cheeseburger Deluxe Lettuce, Tomato Pickle, Onion Seasoned Potato Wedges Sorbet Cup Milk</p>	<p>22</p> <p>Breakfast: Apple Muffin</p> <p>Lunch: Pizza Tossed Salad Apple Milk</p>
<p>25</p> <p>Breakfast: Yogurt & Goldfish Grahams</p> <p>Lunch: Chicken Nuggets Roll w Margarine Tater Tots Raisins Milk</p>	<p>26</p> <p>Breakfast: Omelet & Apple Muffin Bread</p> <p>Lunch: Frito Flip Corn/Black Beans Mixed Fruit Milk</p>	<p>27</p> <p>Breakfast: Bacon & Egg Breakfast Pizza</p> <p>Lunch: Bosco Sticks w Sauce Broccoli Pears Milk</p>	<p>28</p> <p>Breakfast: Cinnamon Roll</p> <p>Lunch: BBQ Rib on Bun Cheesy Potatoes Baby Carrots w Ranch Applesauce Milk</p>	<p>29</p> <p>Breakfast: Pancake Wrap</p> <p>Lunch: Pepperoni Calzone Caesar Salad Orange Milk</p>

**Breakfast includes milk and choice of fruit or 100% fruit juice*

**Accessing your Child's Cafeteria Account* If want to know your child's cafeteria account balance, see what they are purchasing, or make payments to the account using a bank card or electronic check, sign up today for "PAY FOR IT" on our district website www.clearfork.k12.oh.us*

**Menu may change due to availability of products. "Offer vs. Serve" is a provision of the National School Lunch Program that allows students to refuse up to two items of the lunch menu and one item from the breakfast menu. If a child refuses one or two items the full price is still charged, therefore we encourage students to take the full meal. Lunch Prices are: Elementary School = \$2.75; Middle School = \$3.00; High School = \$3.00 Adults = \$3.00. Breakfast prices are: Elementary School = \$1.00; Middle School = \$1.50; High School = \$1.50.*

"This institution is an equal opportunity provider"