



## Clear Fork High/Middle School Menu November, 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>October 30</b> <b>Breakfast:</b> Cereal & String Cheese <b>Lunch:</b> 2 Hot Dogs Seasoned Potato Wedges Applesauce Milk	<b>31</b> <b>Breakfast:</b> Glazed Donut <b>Lunch:</b> Beefy Cheese Nachos w Salsa Sour Cream, Lettuce Corn / Black Beans Sorbet Cup Milk	<b>Nov. 1</b> <b>Breakfast:</b> Sausage & Cheese Breakfast Pizza <b>Lunch:</b> Lasagna Roll Up Breadstick Green Beans/Cole Slaw Peaches Milk	<b>2</b> <b>Breakfast:</b> Biscuit & Gravy <b>Lunch:</b> Sweet & Sour / General Tso Chicken Broccoli Steamed Rice Mandarin Oranges Milk	<b>3</b> <b>Breakfast:</b> Apple Muffin <b>Lunch:</b> Pizza Tossed Salad Carrot Sticks w Ranch Apple Milk
<b>6</b> <b>Breakfast:</b> Pop Tarts <b>Lunch:</b> French Toast Sausage Links Potato Triangles Orange Juice Milk	<b>7</b> <b>Breakfast:</b> Bacon & Egg Breakfast Pizza <b>Lunch:</b> Chicken & Cheese Quesadilla Lettuce, Salsa, Sour Cream Corn / Black Beans Sorbet Cup Milk	<b>8</b> <b>Breakfast:</b> Cinnamon Roll <b>Lunch:</b> Cheeseburger Deluxe Lettuce, Tomato Pickle, Onion Seasoned Potato Wedges Peaches Milk	<b>9</b> <b>Breakfast:</b> Donut Hole & String Cheese <b>Lunch:</b> Mac & Cheese (Traditional or Buffalo) Roll w Margarine Steamed Broccoli / Peas Pineapple Milk	<b>10</b> <b>Breakfast:</b> Yogurt & Goldfish Grahams <b>Lunch:</b> Salisbury Steak in Gravy Roll w Margarine Mashed Potatoes / Green Beans Apple Crisp Milk
<b>13</b> <b>Breakfast:</b> Apple or Cherry Frudel <b>Lunch:</b> Chicken Patty on Bun Tater Tots Tropical Fruit Mix Milk	<b>14</b> <b>Breakfast:</b> Pancake Wrap <b>Lunch:</b> 2 Beef Soft Tacos w Cheese, Salsa, Sr Cream, & Lettuce Refried Beans / Corn Applesauce Milk	<b>15</b> <b>Breakfast:</b> Mini Pancakes <b>Lunch:</b> Pepperoni Calzone Green Beans Mandarin Oranges Milk	<b>16</b> <b>Breakfast:</b> Bagel & Cream Cheese <b>Lunch:</b> Turkey Gravy over Mashed Potatoes Roll w Margarine Mixed Vegetables Pumpkin Dream Pie Milk	<b>17</b> <b>Breakfast:</b> Apple Muffin <b>Lunch:</b> Pizza Caesar Salad Apple Milk
<b>20</b> <b>Breakfast:</b> Yogurt & Goldfish Grahams <b>Lunch:</b> Chicken Nuggets & Roll Corn Pineapple Milk	<b>21</b> <b>Breakfast:</b> Omelet & Apple Muffin Bread <b>Lunch:</b> Bosco Sticks w Sauce Steamed Broccoli Applesauce Cup Milk	<p style="font-size: 1.5em; font-weight: bold;">No School</p>	<p style="font-size: 1.5em; font-weight: bold;">Happy Thanksgiving</p> 	<p style="font-size: 1.5em; font-weight: bold;">No School</p>
<p style="font-size: 1.5em; font-weight: bold;">No School</p>	<b>28</b> <b>Breakfast:</b> Cereal & String Cheese <b>Lunch:</b> CF Chicken Bowl (popcorn chicken, mashed potatoes w gravy, corn) Biscuit Pears Milk	<b>29</b> <b>Breakfast:</b> Bacon & Egg Breakfast Pizza <b>Lunch:</b> Toasted Cheese Sandwich Tomato Soup Pickle Spear Sorbet Milk	<b>30</b> <b>Breakfast:</b> Cinnamon Roll <b>Lunch:</b> Frito Flip Corn/Black Beans Peaches Milk	<b>Dec. 1</b> <b>Breakfast:</b> Pancake Wrap <b>Lunch:</b> Pizza Caesar Salad Applesauce Milk

**\*Breakfast includes milk and choice of fruit or 100% fruit juice**

**\*Accessing your Child's Cafeteria Account\* If want to know your child's cafeteria account balance, see what they are purchasing, or make payments to the account using a bank card or electronic check, sign up today for "PAY FOR IT" on our district website [www.clearfork.k12.oh.us](http://www.clearfork.k12.oh.us)**

**\*Menu may change due to availability of products. "Offer vs. Serve" is a provision of the National School Lunch Program that allows students to refuse up to two items of the lunch menu and one item from the breakfast menu. If a child refuses one or two items the full price is still charged, therefore we encourage students to take the full meal. Lunch Prices are: Elementary School = \$2.75; Middle School = \$3.00; High School = \$3.00 Adults = \$3.00. Breakfast prices are: Elementary School = \$1.00; Middle School = \$1.50; High School = \$1.50.**

***"This institution is an equal opportunity provider"***