



Clear Fork High/Middle School Menu March, 2017



Monday	Tuesday	Wednesday	Thursday	Friday
Feb 27 Breakfast: Cereal & String Cheese Lunch: Chicken Nuggets Roll w/ Margarine Tater Tots Applesauce Milk	28 Breakfast: Apple or Cherry Frudel Lunch: Grilled Cheese Sandwich Tomato Soup Pickle Spear Peaches Milk	March 1 Breakfast: Bagel w/ Cream Cheese Lunch: Penne Pasta w/ Marinara or Alfredo Meatballs or Fajita Chicken Breadstick Steamed Broccoli Peaches Milk	2 Breakfast: Mini Pancakes Lunch: Frito Flip Corn / Black Beans Sorbet Cup Milk	3 Breakfast: Pancake Wrap Lunch: Cheese Pizza or Pizza w/ Bacon Tossed Salad Apple Milk
6 Breakfast: Cocoa Bar & String Cheese Lunch: 2 Hot Dogs Sweet Potato Fries Applesauce Milk	7 Breakfast: Bacon & Egg Breakfast Pizza Lunch: Buffalo Chicken Mac & Cheese (or Traditional Mac & Cheese) Roll w/ Margarine Steamed Broccoli / Peas Pineapple Milk	8 Breakfast: Biscuit & Gravy Lunch: Sweet & Sour or General Tso Chicken Steamed Rice Oriental Vegetables Mandarin Oranges Fortune Cookie Milk	9 Breakfast: Apple Muffin Lunch: BBQ Rib Sandwich Cheesy Potatoes Blueberry Crisp Apple Milk	10 NO SCHOOL <i>(In-service day)</i>
13 Breakfast: Yogurt & Goldfish Grahams Lunch: Chicken Patty on Bun Tater Tots / Glazed Carrots Applesauce Milk	14 Breakfast: Mini Pancakes Lunch: 2 Beef Soft Tacos w/ Cheese Lettuce, Salsa, & Sour Cream Refried Beans Sorbet Cup Milk	15 Breakfast: Sausage & Cheese Breakfast Pizza Lunch: BBQ Pulled Pork Sandwich Baked Potato w/ Chz & Bacon, Sr Crm Steamed Broccoli / Cole Slaw Strawberry Cup Milk	16 Breakfast: Glazed Donut Lunch: Chicken & Noodles Mashed Potatoes / Mixed Vegetables Roll w/ Margarine Peaches Milk	17 Breakfast: Omelet & Apple Muffin Bread Lunch: Pizza (Cheese or Pepperoni) Caesar Salad Orange Milk St. Patrick's Day <i>(Lucky Tray)</i>
20 Breakfast: Donut Hole & String Cheese Lunch: CF Chicken Bowl Biscuit Pineapple Milk	21 Breakfast: Cinnamon Roll Lunch: Beefy Cheese Nachos Lettuce, Salsa, Sr Cream, Jalapenos Corn / Black Beans Sorbet Cup Milk	22 Breakfast: Biscuit & Gravy Lunch: Bacon Cheeseburger Lettuce, Tomato, Pickle, Onion Seasoned Potato Wedges Peaches Milk	23 Breakfast: Mini Cinni's Lunch: Pepperoni Calzone Green Beans / Steamed Broccoli Applesauce Milk	24 NO SCHOOL <i>(In-service day)</i>
27 Breakfast: Cocoa Bar & String Cheese Lunch: French Toast Sausage Potato Triangles Orange Juice Milk	28 Breakfast: Bacon & Egg Breakfast Pizza Lunch: 2 Chicken Soft Tacos Lettuce, Salsa, & Sour Cream Corn / Black Beans Sorbet Cup Milk	29 Breakfast: Apple Muffin Lunch: Bosco Sticks w/ Sauce Green Beans Peaches Milk	30 Breakfast: Pancake Wrap Lunch: Deli Sub w/ Cheese Lettuce, Tomato, Pickle, Onion Tater Tots Applesauce Milk	31 Breakfast: Bagel w/ Cream Cheese Lunch: Cheese Pizza or Pizza w/ Bacon Caesar Salad Orange Milk

**Breakfast includes milk and choice of fruit or 100% fruit juice*

**Accessing your Child's Cafeteria Account* If want to know your child's cafeteria account balance, see what they are purchasing, or make payments to the account using a bank card or electronic check, sign up today for "PAY FOR IT" on our district website www.clearfork.k12.oh.us *Menu may change due to availability of products. "Offer vs. Serve" is a provision of the National School Lunch Program that allows students to refuse up to two items of the lunch menu and one item from the breakfast menu. If a child refuses one or two items the full price is still charged, therefore we encourage students to take the full meal. Lunch Prices are: Grades K-5 = \$2.50; 6-8= \$2.75; 9-12 = \$3.00. Breakfast prices are: grades K-5= FREE; 6-12= \$1.50*

"This institution is an equal opportunity provider"