

Clear Fork High/Middle School Menu January, 2017



Monday	Tuesday	Wednesday	Thursday	Friday
Jan 2 NO SCHOOL	3 Breakfast: Cereal & String Cheese Lunch: Cheeseburger Deluxe French Fries / Carrot Stix w Ranch Peaches Milk	4 Breakfast: Omelet & Apple Muffin Bread Lunch: CF Chicken Bowl Biscuit Pineapple Milk	5 Breakfast: Cinnamon Roll Lunch: BBQ Pulled Pork Sandwich Baked Beans / Cole Slaw Pears Milk	6 Breakfast: Pancake Wrap Lunch: Pizza Romaine Lettuce Apple Milk
9 Breakfast: Cocoa Bar & String Cheese Lunch: Chicken Nuggets Roll w Margarine Tater Tots Pineapple Milk	10 Breakfast: Bacon & Egg Breakfast Pizza Lunch: Toasted Cheese Sandwich Tomato Soup Pickle Spear Pears Milk	11 Breakfast: Biscuit & Gravy Lunch: Bosco Stix w Sauce Steamed Broccoli / Green Beans Applesauce Milk	12 Breakfast: Bagel & Cream Cheese Lunch: Beefy Cheese Nachos w Salsa, Sour Cream Corn / Black Beans Peaches Milk	13 Breakfast: Apple Muffin Lunch: Pepperoni Calzone Romaine Lettuce Raisins Milk
16 NO SCHOOL <i>(Martin Luther King Day)</i>	17 Breakfast: Yogurt & Goldfish Grahams Lunch: 2 Hot Dogs French Fries / Carrot Stix w Ranch Applesauce Milk	18 Breakfast: Glazed Donut Lunch: Lasagna Roll Up Breadstick Steamed Broccoli / Green Beans Pineapple Milk	19 Breakfast: Sausage & Cheese Breakfast Pizza Lunch: Frito Flip Corn / Black Beans Sorbet Cup Milk	20 Breakfast: Mini Pancakes Lunch: Pizza Romaine Lettuce Orange Milk
23 Breakfast: Apple or Cherry Frudel Lunch: Chicken Patty on Bun Tater Tots / Carrot Stix w Ranch Peaches Milk	24 Breakfast: Donut Hole & String Cheese Lunch: 2 Beef Soft Tacos w Cheese Lettuce, Salsa, & Sour Cream Refried Beans Pears Milk	25 Breakfast: Cinnamon Roll Lunch: Turkey Sandwich w Cheese Cream of Broccoli Soup Apple Crisp Milk	26 Breakfast: Biscuit & Gravy Lunch: French Toast Sausage Links Potato Triangles Orange Juice Milk	27 Breakfast: Mini Cinni's Lunch: Chicken & Cheese Quesadilla Lettuce, Salsa, Sour Cream Corn / Black Beans Apple Milk

***Breakfast includes milk and choice of fruit or 100% fruit juice**

Accessing your Child's Cafeteria Account If want to know your child's cafeteria account balance, see what they are purchasing, or make payments to the account using a bank card or electronic check, sign up today for "PAY FOR IT" on our district website www.clearfork.k12.oh.us

***Menu may change due to availability of products. "Offer vs. Serve" is a provision of the National School Lunch Program that allows students to refuse up to two items of the lunch menu and one item from the breakfast menu. If a child refuses one or two items the full price is still charged, therefore we encourage students to take the full meal. Lunch Prices are: Elementary School = \$2.50; Middle School = \$2.75; High School = \$3.00 Adults = \$3.00. Breakfast prices are: Elementary School = FREE; Middle School = \$1.50; High School = \$1.50.**

"This institution is an equal opportunity provider and employer"